You've Tested Positive for COVID-19
Now What?

**HEALTH DEPARTMENT
ERIE COUNTY
COMMUNITY HEALTH CENTER**

Go home and wait to hear from your local health department. You will get a call from the health department in the county in which you live. It could take a few days for the health department to contact you.

If you <u>DO NOT</u> have symptoms, stay home for 10 days from the date of your test.

If you <u>DO</u> have signs or symptoms, isolate yourself from other healthy individuals in your home for at least 10 days AND until you've met all three requirements:
1. Symptoms are resolved or better
2. It has been 10 days since you first felt sick
3. No fever for at least 24 hours without fever reducing medications

Contact your employer or school. Do not go to work or school until you meet the criteria listed above.

Contact your healthcare provider or seek care if needed.

Create a list of people you have been in contact with from 2 days prior to symptom onset to now. A close contact is someone you have been with for more than a total of 15 minutes, within 6 feet of each other. Write down their names and contact information.

Inform those on your close contact list that you have had a positive COVID-19 test. Ask them to quarantine themselves and to be on the lookout for a call from their local health department.